

CORONAVIRUS (COVID-19)

March 27th

GOVERNMENT REMINDERS
AND DIRECTIVE

Health emergency throughout Québec

Avoid **ALL** unnecessary **TRAVEL**

- Between regions
- Between cities
- Between neighbourhoods



The Montréal and Estrie regions are to be avoided.

Limit trips outside the home as much as possible in both regions.

418/450/514/819
or 1 877 644-4545
[Québec.ca/coronavirus](https://quebec.ca/coronavirus)



The only individuals who may travel are **workers** and **volunteers** who provide **priority services**.

It is also possible to run **necessary errands** such as grocery shopping.



Quebecers who are not infected or who do not display symptoms can go for a walk but **must abide by precautions, including maintaining a safe distance of 2 metres from other people.**

Individuals who are **infected** or who **display symptoms** must completely avoid leaving their homes.